

# Emergency Protocol for Disease Outbreaks

An **outbreak** is when **2 or more individuals** report **similar symptoms** (like vomiting, diarrhea, fever, or stomach cramps) within a **short timeframe (24–72 hours)**, especially if:

- The sick people **haven't shared a tent together**
- The symptoms match a known infectious pattern (like norovirus or shigella),
- The cases appear to be **spreading** (new people getting sick),

Even if you're not 100% sure, it's **better to act early** than to wait.

If an outbreak occurs during a gathering, follow these immediate response measures:

## 1. Identify & Care for Sick Individuals

- ? Recruit an urgent care team to monitor situation, coordinate care of sick faeries, liaise with facilitators, and make sure the gathering is familiar with hygiene protocols and good practices.
- ? Set up a "**nursery tent**" where sick people can recover with access to water and simple foods.
- ? Encourage anyone with vomiting, diarrhea, or fever to **self-isolate** away from communal spaces.
- ? Encourage **hydration with electrolyte drinks or oral rehydration salts**.
- ? Monitor **severely ill individuals** for signs of dehydration or worsening symptoms.
- ? If symptoms persist beyond **48 hours**, consider **seeking medical attention**.
- ? Create a tracking log of sick faeries, include all symptoms and the day/time of when they began

## 2. Adjust Food & Water Handling

- ? **Stop all buffet-style serving**—only designated, gloved servers should handle food.
- ? Ensure **only hot food (above 75°C/167°F) is served** to kill bacteria, **no salads!**
- ? Meal prep team should all be symptom free for 48 hours
- ? Disinfect all **jerrycans and dishwashing tubs** immediately.
- ? Boil or treat all drinking water if contamination is suspected.

## 3. Increase Hygiene & Sanitation

- ? Mandatory **handwashing enforcement** before meals and after toilet use.

? **Designate 1 or 2 toilets** specifically for sick individuals with diarrhea or vomiting. Healthy faeries should **only use the other toilets** to prevent cross-contamination.

? Clean sick toilets **more frequently**, use **extra sawdust**, and ensure the **lid stays closed** to reduce fly attraction and **replace shit tons more often**.

? Regularly disinfect **high-contact surfaces** (toilet seats, kitchen counters, door handles).

? Use a **separate laundry basket for sick individuals' linens** to prevent contamination.

? Wash **contaminated bedding and clothing immediately** using **hot water (at least 60°C/140°F)** when possible.

#### **4. Address Fly Infestation if Worsening the Outbreak**

? Increase **mosquito nets around food** and use more **fly traps**.

? Immediately remove and replace **shit tons** if they are attracting excessive flies.

#### **5. Aftercare: after the outbreak and when faeries got back home**

The main recommendation is to talk during the gathering about an aftercare plan. Actions taken could involve:

- Making sure every faerie that was sick is in touch with somebody and not alone until they recover.
- Making sure every faerie can access medical care and if not, what's needed for them to access such care, especially for faeries who wouldn't be able to afford basic medication or basic tests.
- Create a solidarity fund for extra costs or urgent costs that need to be done by faeries who can't afford such costs.
- Collecting results of medical analysis to keep monitoring the epidemic (see template)
- Creating a specific aftercare chat group, possibly including other faeries that were not at the gathering
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This should be done within the group of that gathering, with assistance from the steward circle and/or a call can be done to find specific support among the broader community.

**FOR THE STEWARDS : proposal to create an emergency health fund that can be activated when serious outbreaks happen and that faeries can make a request to, possibly with an individual limit (for example 50€ per person) for travel and/or basic medical costs.**

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