[WIP] Getting the food for Folleterre



INTRO:

Finding a balance between ethical and keeping a budget:

[TODO: more research on ethical food in the surroundings] Bottom line is avoid nutella and Nestle

Providers:

GARDEN

can produce blette, tomato, aromatics, it's nice.

CAROLINE MOREL

- Morel Primeurs, Zone industrielle Cloies, 70200 Lure
- +33 6 84 81 34 34
- Caroline is an old friend of the faeries and knows the community well. We order often from her, it's way more practical because they deliver to us and do a discount -10%. She's been very good to us and giving advice on what to order. Likes Whatsapp, send her a list of what we need (picture of written list is ok you can also send message). Coriander or tahini is possible if you ask ahead of time.

BULK ORDERS

SUPERMARKETS

Relais vert:

- Route de Belfort, 70200 Lure
- Cheap organic stuff (tomato sauce...). If we ask ahead of time we can get a discount because we order bags of stuff. Great guy. Complicated to keep in touch with him and make sure facilitators / grocery goers know how to go.

LIDL**:**

- 1 Route de Belfort, 70200 Lure
- Great for buying in bulk stuff like tomato puree, coconut milk (Better than Leclerc). They have anti-gaspi bags for 1euro which is also helpful.

Colruyt:

- 54 Route de Lure, 70270 Mélisey
- The closest supermarket, good for essentials like rice, pasta... We buy the gaz bottles for cooking here.

Leclerc:

- Centre Commercial des Cloyes, 70200 Lure
- Part of the large Zone Industriel in Lure that can be accessed either through Lure or via Froideterre. This is where we get all the other food that we can’t get elsewhere. Try to do a big shopping here the day before the gathering if one is needed. They sell some foods in large quantities and even have a section of “special diet” food like gluten free baking mixtures and “exotic” ingredients like coconut milk. Making a trip to LeClerc is a big production and difficult for faeries after quiet days on the land. Try to avoid shopping here repeatedly unless absolutely necessary.

BAKERIES

The closest bakery to Folleterre is in Melisay and it is terrible. Another 10 minutes from Folleterre in the direction of Lure is Caput in St. Germain, and their bread is wonderful! There’s also another Kaput next to the train station. They give you the 4th loaf free if you buy 3, so buy in multiples of 4. Take different varieties of bread, try to avoid the shitty cheap bread from supermarkets, dedicated bakeries are pretty much always better.

OTHER ALTERNATIVES

We don't really do local markets but should maybe look into it...
Sometimes depending on how motivated faeries are we can do dumpster diving but it's very occasional.

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